







**Jamestown New Horizons** 

## 2018 Horsemanship Camps FOR CHILDREN WITH DISABILITIES

Intellectual Disabilities
Learning Disabilities
Autism

6-15 years of age

• Weight Limit: 140 pounds • (available to St. Louis County residents only)

> **Camp Dates** June 4-8 • June 11-15 June 18-22 • June 25-29

**Time** 8:00 a.m. to 12:00 noon Monday - Friday

> Cost \$250 per week



## About

The JNH Horsemanship Camps are all about allowing children to move! They have daily riding lessons. They bend and stretch while grooming and bathing their horses and ponies. They are instructed in vaulting movements on a special vaulting barrel and then on Peat Moss, the Equicizer. They have lots of opportunities to play outdoors with their peers to get plenty of exercise in a safe environment surrounded by nature. Experienced therapeutic riding instructors and welltrained volunteers help to ensure their safety.

The JNH riders are taught to work as partners with their mounts and are instructed in all aspects of horsemanship to help them understand the nature of the horse. Through this understanding and caring, the students gain a sense of responsibility and develop self-confidence and courage.



## To Enroll

**Download these forms** from the JNH website at www.jnh-goneriding.org:

- 1. Horsemanship Camp Registration
- 2. Liability Release
- 3. Medical Emergency form
- 4. Physician's Statement

**For additional information** call Bonnie Grueninger, JNH Program Director, at 314-741-5816 or send email to: jnhgoneriding@charter.net